

# LUNCH MENU – WEEK 3

19.6.2023, 10.7.2023, 11.9.2023, 02.10.2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAT COURSE</b>				
Cowboy Hot Pot Mashed Potato, Carrots and Garden Peas	Chicken Curry & Rice Mixed Garden Salad and Sweetcorn	Roast Chicken & Gravy, Roast Potatoes, Green Beans and Carrots	Cheese, Tomato and Ham Pizza Homemade Wedges, Broccoli, and Sweetcorn	Fish Fingers and Chips Peas & Beans
<b>VEGETERIAN MAIN COURSE</b>				
Quorn Cowboy Hot Pot Mashed Potato, Carrots and Garden Peas	Macaroni Cheese Sweetcorn, Garden Salad and Garlic Bread	Roast Quorn Fillet, Gravy Roast Potatoes, Green Beans and Carrots	Cheese and Tomato Pizza Pin Wheel Homemade Wedges, Broccoli and Sweetcorn	Plant Based Sausage Roll, Chips Peas & Beans
<b>Sandwich/ Jacket Potato Option</b>				
Jacket Potatoes with a Choice of Fillings  Tuna Sandwich	Jacket Potatoes with a Choice of Fillings  Ham Sandwich	Jacket Potatoes with a Choice of Fillings  Cheese Sandwich	Jacket Potatoes with a Choice of Fillings  Tuna Sandwich	Jacket Potatoes with a Choice of Fillings  Egg Mayo Sandwich
<b>DESSERT</b>				
Strawberry Ice Cream Fresh Orange Slices	Jam Sponge & Custard	Flap Jack	Chocolate Brownie & Pear Segments	Fruity Friday