

PE Curriculum Statement

Intent

It is our intent at Maltby Lilly Hall Academy to teach children life skills that will positively impact on their future. We aim to provide a PE curriculum that pupils from EYFS to year 6 not only enjoy but also be exposed to a range of activities that help develop their health, sociability, fitness and wellbeing. This includes ensuring children are aware of the benefits of good health and how this prevents some aspects of illness. PE develops a child's knowledge, skills and understanding to allow them to perform with increased competence, resilience and confidence across a range of disciplines.

Implementation

A varied curriculum is in place to support PE, with activities including: dance, athletics, gymnastics, invasion games, swimming and water safety and outdoor adventure activities.

Children at Maltby Lilly Hall Academy have two sessions of PE each week timetabled to allow either indoor or outdoor PE. One session is taught by our high-quality specialist PE providers, who act as constant CPD for teaching staff, and the other is taught by class teachers. Our model of CPD allows teachers to observe, team-teach and assess each discipline of PE alongside Academy PE coaches then apply this to their own lessons. In partnership with Maltby Academy, long term plans are in place taking into consideration staff's strengths and weaknesses and medium term plans outline progression of skills in each area of the PE. Formative assessment informs differentiation for children in PE lessons to provide support or challenge where appropriate. Children in Year 4 at Maltby Lilly Hall Academy attend swimming lessons weekly, over a term, where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes. They also develop water safety skills.

Children in Year 6 at Maltby Lilly Hall Academy attend a residential which enables them to experience a range of outdoor adventure activities including climbing, canoeing, orienteering, abseiling etc. These activities allow them cooperate and collaborate with others, as part of a team and excel in a discipline they do not often have opportunity to take part in. In addition to our teaching and learning of PE, we keep PE high profile by regularly running whole school PE events such as completing Joe Wicks workouts, running cross country events such as our Santa Dash for Rotherham Hospice and participating in football skills days.

The curriculum is further enhanced by dinner time physical activity provision, provided twice a week and run by specialist PE professionals. We also provide extra-curricular PE in the form of after school clubs. Each week we run two after school clubs, one which follows a three-week cycle of training for two weeks then competing against other MLT schools at Maltby Academy on the third week in a range of disciplines for KS2 children. The other is accessible for all children Y1-Y6 and activity type changes half-termly.

We aim to give children as many opportunities to succeed and excel in competitive sport through partnership with MLT schools supported by Maltby Academy PE staff and Secondary PE Student Leaders and with our Rotherham School Games Organisers. Internally, we run extra curricular competitive clubs like Crab Football and whole school events like Sports Day, Cricket and Football World Cup community days.

Impact

Our PE curriculum aims to inspire all pupils to succeed and excel in competitive sport and these opportunities, as well as high-quality PE lessons, teach children how to cooperate and collaborate with others, as part of a team, understand fairness and respect to embed life-long values. We aim to ensure pupils are aware of the importance of physical fitness through practical activities, but also through the discipline and values that PE provides. Competitiveness and sportsmanship should be instilled and opportunities for inter-school competition welcomed.